

Figure 1: Bench cut design (Used with permission of the International Mountain Biking Association)

Full Bench Trail

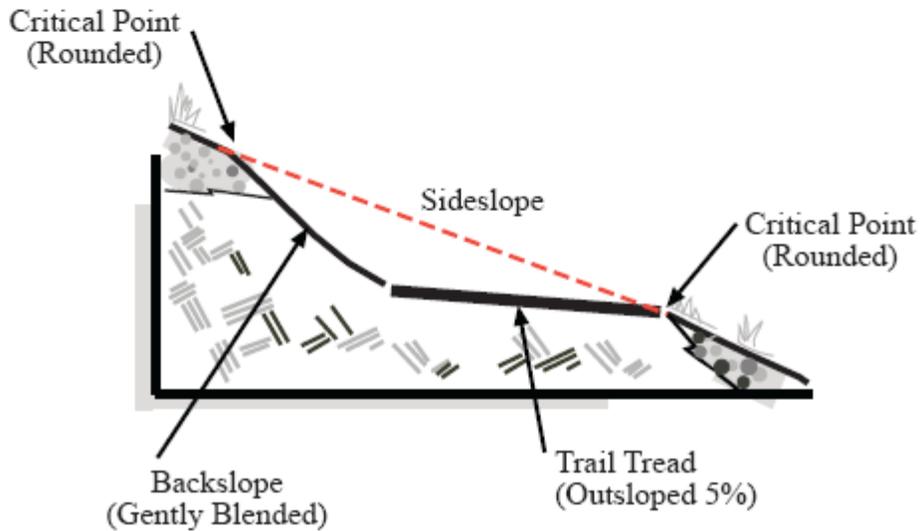
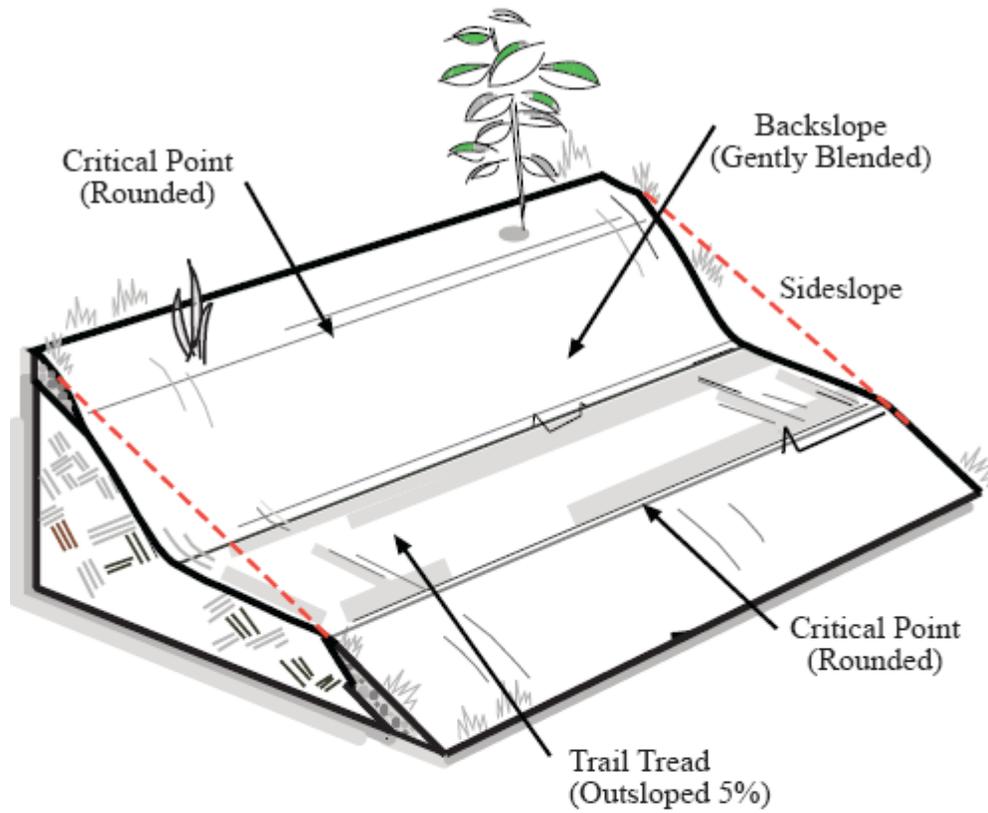


Figure 2: Rolling grade dip design (Used with permission of the International Mountain Biking Association)

Rolling Grade Dip

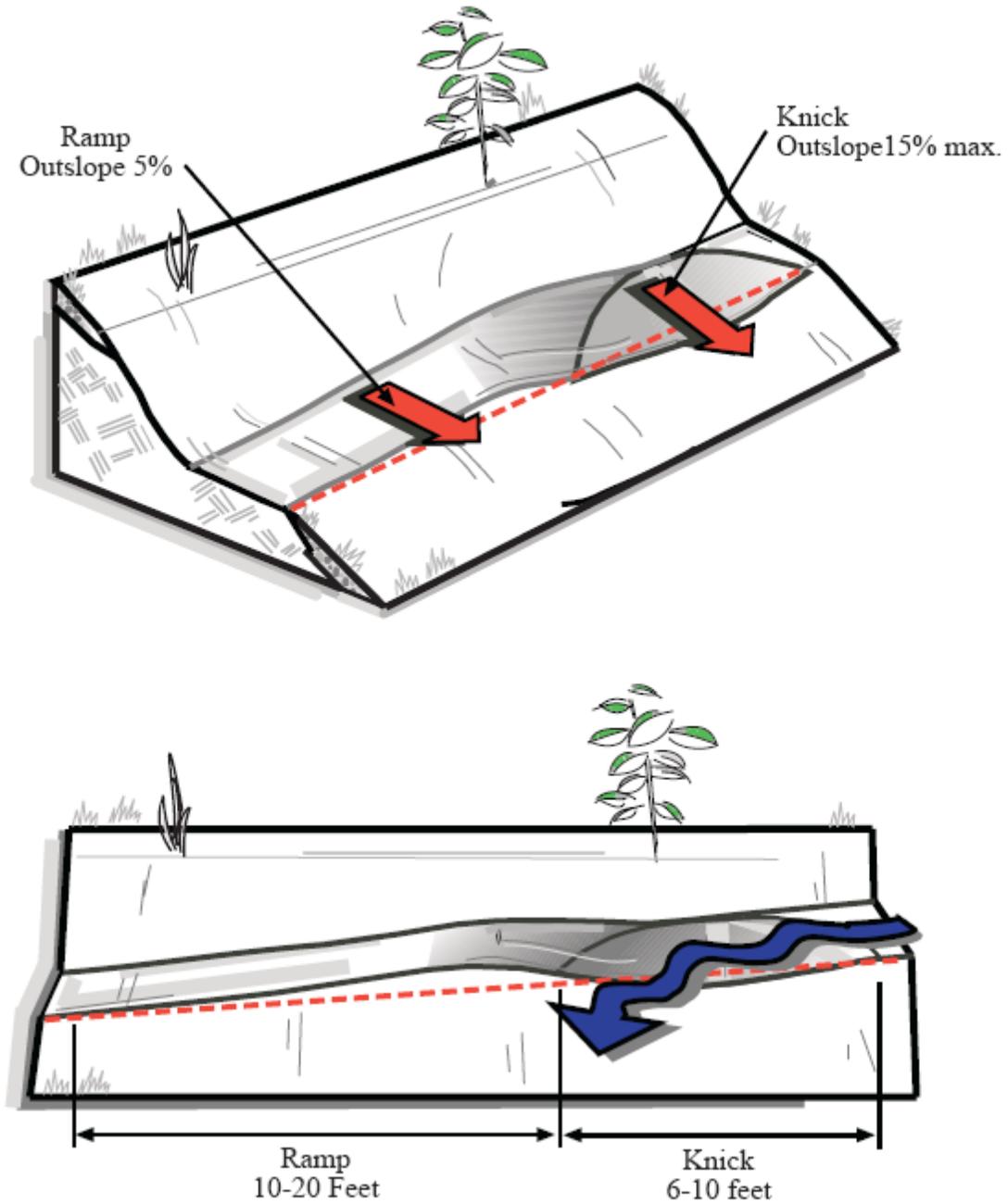


Figure 3: Knick design features (Used with permission of the International Mountain Biking Association)

