

## Falcon's Nest Salad

by Millie Bentley

Greetings. In about 2001 a lady who spent part of her growing up years at NYAC came to Bethel searching for people who lived there when she did. Her name was Rose Mary O'Donahue Arnold Silen and she did find some friends. I wrote an article back then and reading it over now made me sad because some of the folks are no longer with us - Paula Maloy, Jan and Tiny Fredericks, to name a few.

In addition to NYAC, another thing most of the folks had in common was a well-used cookbook published by the Alaska Crippled Children's Association, "Out of Alaska's Kitchens". The book is out of print now, but I still have two of the recipes. One is this jello recipe which will be good over the holidays.

### Falcon's Nest Salad

- 1 package lemon jello, 3 oz.
- 1 package lime jello, 3 oz.
- 2 cups boiling water

- 1 3/4 cups crushed pineapple, canned
- 2 tablespoons lemon juice
- 2 teaspoons prepared horseradish
- 1 can (12 oz.) canned evaporated milk, ice cold



### Millie's Kitchen Korner

Millie Bentley is a certified public accountant and owns and operates Bentley's Porter House Bed and Breakfast in Bethel.

- 1 cup tart salad dressing (like Miracle Whip)
- 1 cup chopped nuts, optional

- 2 cups cottage cheese

Put evaporated milk in freezer to chill. Dissolve both packages of jello in hot water, stirring until completely dissolved. Cool. Add crushed pineapple (do not use fresh as jello will not thicken), lemon juice and horseradish. Whip the canned milk and fold into the cooled jello. Chill until thick and syrupy. Fold in salad dressing, nuts (if used) and

cottage cheese. Pour into a plain pan or decorative mold. Chill until set and firm. To serve, unmold onto a platter - or leave in pan if desired. Serves 20. (Maybe 15. Seems like we make bigger servings these days.) Yumm!

Until next week, dear Reader, *vaya con Dios.*

## K300 Race Field already at 15 mushers

The Kuskokwim 300 Race Committee is excited to announce that 15 mushers have officially registered so far for the 2014 Kuskokwim 300.

Racing in the 35th annual K300 are the following mushers: 1) 9-time champion Jeff King; 2) Norwegian Joar Ulsom, racing in his 2nd K300; 3) 2013 4th place finisher, Cim Smyth; 4) Aniak's own Richie Diehl, the 2012 winner of the Best in the West Award; 5) 2012 champion Rohn Buser; 6) Two-time champion Martin Buser; 7) Steve Watkins, racing in his first K300; 8) Kristy Berington, returning for her 2nd

K300; 9) 2011 Champion Paul Gebhardt; 10) Tony Browning, 2013 2nd place finisher; 11) Aniak's own Mike Williams Jr., who finished in 2nd place in 2011 and won the Best in the West Award that same year; 12) Local mushing legend Mike Williams Sr., racing in his 25th K300; 13) 23-time Iditarod musher Tim Osmar; 14) Canadian Warren Palfrey racing in his 1st K300; and 15) 1995 champion Ramey Smyth.

The 35th Kuskokwim 300 starts on January 17, 2014. For more information about this year's K300, please contact Race Manager, Zach Fansler at 907.545.3300.

## AFN theme and dates for 2014 Convention

The Alaska Federation of Natives Board of Directors last week selected the 2014 Annual AFN Convention theme "Rise As One." The Annual AFN Convention is the largest meeting of its kind in Alaska and will take place October 23-25, 2014 at the Dena'ina Center in Anchorage, Alaska.

"At this year's Convention we heard many presenters calling for unity in the Native Community," said Sheri Burette, Chair of the AFN Convention Committee. "Rise As One is all about coming together, working together, meeting the challenges together."

AFN's annual convention brings together some 3500 delegates from across the state to discuss key issues, share information, and set the course for the AFN for the coming year. It is an opportunity to engage with fellow Alaskans and with leaders from Alaskan communities as well as government officials. The Alaska Native Customary Art Show, which will be open all three days of the Convention on the Dena'ina Center's first floor, is renowned as one of the best places to find Alaska Native and American Indian artwork. Two evenings of Native dance and music, the ever-popular Qujana Alaska cultural performances, are also scheduled.

All proceedings and events are open to the public. AFN Board Co-Chair Tara

*continued on page 14*

## K300 announces New Race and December Schedule

The K300 Race Committee is pleased to announce a new race for the 2014 season! This year the K300 will be hosting a second race in late December. To accommodate the new race, the K300 will be moving the 2013 Holiday Classic to Saturday, December 21, 2014. The following Saturday (December 28) will be the new 100 Mile Challenge, a 100 mile

race from Bethel to Tuluksak and back. Both of these races are open to all mushers and both races will have a \$10,000 purse! Start times and trail routes for both races will be announced closer to their start dates. If you have any questions about either the Holiday Classic or the 100 Mile Challenge, please contact K300 race manager, Zach Fansler at 907.545.300.

## Correction:

In the November 27, 2013 issue of the Delta Discovery on page 11, the LKSD Students of the Month - Adam Andrew and Kathryn Black - are both from the William N. Miller Memorial School in Napakiak, not Napaskiak as shown in the paper. Apologies to everyone for the misprint!



## RENTAL VACANCIES IN BETHEL, ALASKA AYALPIK APARTMENTS

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## Bering Sea - Western Interior Resource Management Plan



The Bureau of Land Management continues to host Public Scoping Meetings for the Bering Sea-Western Interior Resource Management Plan. This plan will provide future direction for 10.6 million acres of BLM-managed public land in western Alaska.

Please attend a public meeting and share your comments and concerns. You may also participate in the **Online Open House** at the Web address below. We want to hear from YOU!

Date / Time	Community / Location
Thursday, Dec. 12, 6 p.m.	McGrath Community Service Center
Tuesday, Dec. 17, 4 p.m.	Grayling School
Wednesday, Dec. 18, 4 p.m.	Holy Cross School
Thursday, Dec. 19, 4 p.m.	Russian Mission School

Visit [www.blm.gov/ak/planning](http://www.blm.gov/ak/planning) for additional ways to participate in the Bering Sea-Western Interior planning process.



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